



OT 24 Hour Virtual Exchange

October 29/30/31

[Depending on where you are]

Exploring Balance



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OCCUPATION FOR PUBLIC HEALTH

Occupational therapists are re-engaging with an occupational perspective of health. Outside the profession, concepts of health are also shifting to encompass its social determinants, that health can be measured by what people do, and that health is a fundamental human right.

Occupational therapists are challenged to look beyond quality interventions to the societal factors that influence health and ill-health. That demands working with the poorest poor, indigenous people and those subject to discrimination to develop strategies that will change their health status, by bringing knowledge of the health giving power of occupation to public health.